

BREAKFAST

*Country potatoes can be substituted
for Hash Browns*

2 eggs, toast, and choice of country potatoes or
meat \$4.99

2 eggs, country potatoes, toast, and choice of
bacon, sausage (ham – extra \$0.25) \$6.50

BUTTERMILK PANCAKE BREAKFAST

2 Lg. pancakes, 2 eggs, 2 bacon or sausage
(turkey patty) \$6.50

TEXAS FRENCH TOAST BREAKFAST

2 Slices of French Toast, 2 eggs, bacon or sausage
(turkey patty) \$6.50

COUNTRY HASH BREAKFAST

2 eggs, country potatoes, bacon, sausage
(of choice), ham and toast \$7.99

BIG FOREST BREAKFAST

3 eggs, country potatoes, bacon, sausage
(of choice), ham and toast \$8.99

COUNTRY FRIED STEAK

2 eggs, country fried steak with country gravy,
country potatoes, and toast \$8.50

CARB WATCHERS BREAKFAST

3 eggs, 2 bacon, 2 sausage (of choice), ham and
sliced tomatoes \$7.25

SCRAMBLERS

*All made with 2 scrambled eggs,
topped with melted cheese, and served
with toast*

Veggie Delight \$6.99
(Scrambled with potatoes, tomatoes, onions, and
mushrooms)

The Round-About \$7.99
(Scrambled with Potatoes, tomatoes, onions, bell
peppers, & your choice of meat)

The Fire Cracker \$7.50
(Scrambled with onions, jalapenos, tomatoes and
potatoes, smothered in pepper jack cheese)

BENEDICTS

All served with country potatoes

Eggs Benedict \$7.99
(2 eggs, Canadian bacon on a toasted English
muffin, smothered in Hollandaise sauce)

Canadian Benedict \$7.99
(2 eggs, tomato and avocado on a toasted English
muffin, smothered in Hollandaise sauce)

Spinach Benedict \$7.99
(2 eggs, sautéed spinach over tomato on a toasted
English muffin, smothered in Hollandaise sauce)

OMLETS

*All made with 3 eggs, served with
country potatoes or hash browns and
toast*

Cheese Omelet \$6.99
Veggie \$7.50
(Mushroom, onion, bell pepper, & tomato)

Spinach \$7.50
(Spinach and onion)

Ham, Bacon or Sausage (of choice) \$7.50

Denver \$7.75
(Ham, tomato, bell pepper, & onion)

Meat Lover's \$7.99
(Sausage, bacon, & ham)

LITE BITE \$7.99
(An egg white omelet, turkey sausage, spinach, and
mushrooms; served with fruit & toast)

BREAKFAST BURRITO

*All made with 3 eggs, hash browns,
cheese, and our homemade salsa*

Egg Burrito \$3.99

Egg with Ham, Sausage, or Bacon \$5.25

Steak and Egg Burrito \$6.50
(Steak, bell peppers, & onions)

The Forest Burrito \$6.25
(Sausage & bacon)

BREAKFAST SANDWICH

All served on your choice of bread

Egg and Cheese \$3.50

Meat, egg and cheese \$4.50

Croissant/Bagel Sandwich \$5.25
(A croissant or bagel filled with a 2 egg omelet, your
choice of meat, melted cheese, tomato & lettuce)

BREAKFAST QUESADILLAS

All Served with our homemade salsa

Cheese Quesadilla \$3.50

Egg and Cheese Quesadilla \$3.99

Bacon and Egg and Cheese Quesadilla \$4.75

California Quesadilla \$4.99
(Egg, avocado, tomato, & Pepper Jack)

OATMEAL WITH RAISINS \$4.99
(A bowl of oatmeal with raisins; served with milk,
brown sugar, & wheat toast)

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LUNCH

LIGHT LUNCH \$5.99

½ a Cold Sandwich & a Cup of Soup

Cup of Soup & a Small Garden Salad

½ Cold Sandwich & a Small Garden Salad

THE HEALTHY CHOICE \$5.99
A heaping scoop of tuna, chicken or egg salad;
served with your choice of a small salad, cup of
soup, or fruit cup

WINTER SPECIAL \$6.99
A bowl of soup & a grilled cheese with tomato
sandwich

Cold Sandwiches

*On your choice of White, Wheat,
Sourdough, Rye, or a French Roll; All
made with mayo, lettuce, tomato,
pickles, onion, & Swiss cheese; Served
with a bag of chips*

Turkey, Ham, Roast Beef, Veggie \$6.99

Chicken, Tuna, Egg Salad (no cheese) \$7.25

WRAPS

Grilled or Fried Chicken Wrap \$6.25
(Grilled or fried chicken strips, lettuce, tomato,
onion, ranch dressing, & Swiss)

Grilled Chicken Caesar Wrap \$6.25
(Grilled chicken breast, romaine lettuce, Caesar
dressing, & Provolone)

Turkey Club Wrap \$6.75
(Turkey, bacon, lettuce, tomato, mayo, & Swiss)

QUESADILLA

All served with our homemade salsa

Chicken Quesadilla \$6.25
(Grilled chicken breast, grilled onions, & Pepper
Jack cheese)

California Chicken Quesadilla \$6.99
(Grilled chicken breast, avocado, onions,
mushrooms, tomatoes, and Pepper Jack cheese)

Veggie Quesadilla \$5.99
(Mushrooms, bell peppers, onions, spinach, and
Provolone cheese)

HOT SANDWICHES

Served with a choice of fries or chips

Grilled Cheese with Tomato \$5.99

Grilled Ham and Cheese \$6.75

Tuna Melt/Patti Melt \$7.25

BLT \$6.99

Grilled Chicken Sandwich \$7.25

Grilled Caesar Sandwich \$7.50
(Grilled chicken breast, melted Swiss & Romaine
lettuce tossed with Caesar dressing on a French
garlic roll)

Philly Steak Sandwich \$7.25
(Grilled steak, bell peppers, onions, and Swiss on a
French Roll)

Pastrami Sandwich \$7.25
(Grilled Pastrami, onion, and Swiss on a French Roll)

The Forest Club \$7.50
(Triple decker sandwich with turkey, bacon, lettuce,
tomato, & mayo)

Turkey Melt (Turkey, Swiss, bacon & tomato on grilled sourdough)	\$7.25
Coo-Coo Bird (Grilled chicken breast, bacon, tomato, Provolone, & mayo on grilled sourdough)	\$7.99
California Chicken (Grilled chicken breast, mushrooms, onions, avocado, tomato, Pepper Jack on grilled sourdough)	\$7.99
Buffalo Chicken Sandwich (3 chicken tenders smothered in spicy buffalo sauce, on a bun with mayo, lettuce, tomato, pickles & onions)	\$7.25

BURGERS

1.3 lb. Angus Beef with mayo, lettuce, tomato, onion, pickles, Served with fries

Cheeseburger	\$6.50
Bacon Cheese Burger	\$7.25
Garlic Mushroom Burger with Swiss	\$7.25
California Burger (Avocado, bacon, Pepper Jack, tomato, lettuce, pickles, onion & mayo)	\$7.50
Chili Cheese Burger	\$7.25
CHICKEN TENDERS (A basket of 4 chicken tenders & fries)	\$6.25

SALADS

All salads include cucumbers, tomatoes, cheese, red onion, carrots & croutons; Choice of Homemade Ranch, Italian, 1000 Island, Honey Mustard, Blue Cheese, Caesar, Balsamic Vinaigrette, or Fat Free Raspberry Vinaigrette

Tuna Salad or Chicken Salad	\$7.99
Chef Salad (Includes eggs, ham & turkey)	\$7.99
Grilled Chicken Salad	\$7.99
Fried Chicken Salad	\$7.99
Fried Buffalo Chicken Salad	\$8.25
Grilled Chicken Caesar Salad (Romaine lettuce tossed in Caesar dressing topped with Parmesan cheese & croutons)	\$8.25

BREAKFAST

KIDDY BREAKFAST *(Must be 12 or under)*
1 egg, 3 silver dollar pancakes, 1 bacon or sausage, and milk or orange juice \$4.50

ON THE SIDE

EGGS:	1 Egg	\$0.99	2 Eggs	\$1.75
PANCAKES:	1 cake	\$2.49	2 Cakes	\$4.29
	2 French Toast			\$4.29
	Bacon, Sausage, Ham, Country Potatoes, Hash			
	Browns, or Toast			\$1.99
	Side of Fruit			\$2.75
	Side Salad - \$2.99	Garden Salad with egg -		\$4.50

HOT BEVERAGES

Coffee or Hot Tea	\$1.40
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COLD DRINKS

Apple, Orange, or Cranberry Juice	\$1.79
Fountain Drinks	Sm. \$1.39 Lg. \$1.79

LUNCH

KIDDY LUNCH *(Must be 12 or under)*
Corn Dog, Grilled Cheese, or ½ a Cold Sandwich; fries and a drink \$4.50
Chicken Tenders, fries and a drink \$4.75
Cheeseburger, fries and a drink \$4.75
PB & J, fries and a drink \$4.50

SOUP OF THE DAY

Cup - \$2.99 Bowl - \$4.50
MONDAY - Chicken Noodle
TUESDAY - Cream of Potato
WEDNESDAY - Vegetable Beef w/Barley
THURSDAY - Southwestern Chicken w/Rice
FRIDAY - Garden Vegetable
SATURDAY/SUNDAY - Tomato Basil

ON THE SIDE

Fries	\$1.99	Avocado	\$0.75
Beer Battered Onion Rings			\$3.99
Zucchini w/Ranch			\$3.99
Extra dressing	\$0.35	Extra Cheese	\$0.50

SUBSTITUTES

Cup of Soup, Side Salad, or Cup of Fruit	\$0.99
Croissant or Bagel	\$0.50

DESSERT MENU

PHONE IN A SPECIAL ORDER TODAY!

COOKIES

Snickerdoodles
Chocolate Chip
Oatmeal Raisin
Rainbow Sprinkles
Peanut Butter
Triple Chocolate
White Chocolate
Macadamia

BROWNIES

Fudge Pecan
Rocky Road
Turtle
Triple Chocolate Fudge
German Chocolate
M&M Candies
Red Velvet

BUNT CAKES

Orange Cranberry
Triple Chocolate
Lemon Poppy Seed

SCONES

Blueberry
Orange Cranberry
Lemon
Cinnamon

CAKES & CUPCAKES

Famous Carrot Cake
German Chocolate
Tiramisu
Chocolate Truffle
Red Velvet
Tres Leches
Dark Chocolate
Raspberry Mousse
White Chocolate
Raspberry Mousse
Amaretto
Italian Cream
Banana Cream
Cookies and Cream
Mocha Cream
Coconut Cream
Strawberry Cream
Chocolate Mousse
Lemon Cream
Vanilla Butter Cream

TEA TIME TREATS

Bread Pudding
Cinnamon Rolls
Pineapple Upside
Down Cake
Almond Pound Cake
Banana Bread
Pumpkin Cranberry
Bread
Peach Cobbler Coffee
Cake
Cinnamon Walnut
Coffee Cake
Cherry Coffee Cake

CHEESECAKES

New York
Strawberry
Raspberry
Cherry
Amaretto
Cappuccino
Chocolate Mousse
Coconut Cream
Cookies and Cream
Carmel Pecan
Pumpkin Pecan
Chocolate Chip
Banana Cream

DANISHES

Cheese, Apple Cinnamon, or Cherry



FOREST CAFÉ & BAKERY

BREAKFAST & LUNCH

*Home of the Best Homemade Soups,
Salads, and Pastries*

"Just like mom used to make!"



BREAKFAST

Served All Day

LUNCH

Served After 11:00 AM

College Park Plaza

3091 College Park Drive
The Woodlands
Tel: 936-271-4518

OPEN DAILY

Monday-Friday 8 AM to 3PM
Saturday-Sunday 8 AM to 3PM

PHONE ORDERS ARE WELCOME



Also, find us on Facebook!